



Nourishment

Food fuels your body throughout the day. Since you need nourishment throughout your time in this space, you have been given access to healthier food choices such as fruits and vegetables. You can view nutritional information, such as identifying potential artificial ingredients, on all foods provided daily. Additionally, none of the food and beverages served daily in our space include harmful trans fats or have high levels of sugar per serving.

The goal is to support you in making healthy eating choices every day while you're in this space to help you stay energized and focused.



The WELL Building Standard (WELL)™
N01, N02, N03, N05

